Page	Slug	Segment	Туре	Floated	Video	Anchor	Total time	Back Time
А	Preshow / INTRO							
A00	Fort Collins Food Scene Readers							
В	B BREAK							30 sec break
C00	Cost Cookers: Wraps							5:41
D	D BREAK							30 sec
D00	Snoop Dogg Collab							5:41 min
E	Global Eats: Bawarchi Biryani							3:22
E00	Baked Pineapple							3:16
F	F BREAK							
F00	Asian Taste Test Segment - Philippines & Korea!!							
F01	End of show							Time

А	Preshow
CAM 2 TAKE PRE-SHOW MUSIC	
	JULIE:
	WHAT'S UP RAMS ARE YOU READY TO TURN UP THE HEAT?
	I'M JULIE BALTAZAR
	GIDEON:
	AND I'M GIDEON AIGNER JULIE'S CULINARY PARTNER IN CRIME
TAKE COOKS PRESHOW	AND BOY DO WE HAVE A LOT OF FUN IN STORE FOR YOU TONIGHT
1	JULIE:
	WE BEGIN TONIGHT'S SIZZLE WITH AN OVERVIEW OF THE LATEST
	TIKTOK FOOD TRENDS AND HAPPENINGS WITHIN THE FORT COLLINS FOOD
TAKE COOKS PRESHOW	SCENE
2	AFTER THAT, I WILL SHOW YOU THREE CONVENIENT WAYS YOU CAN
	MAKE WRAPS FOR THE DAYS YOU ARE IN A RUSH IN MY SEGMENT COST
	COOKERS
TAKE COOKS PRESHOW	
3	GIDEON:
	THEN, I INVITE A SPECIAL GUEST FROM C-T-V LOCAL BEATS TO BAKE A
	SPECIAL DESERT THAT WILL ONLY LEAVE YOU CRAVING MORE, AND JULIE
	WILL TAKE US OVER TO A HIDDEN GEM THAT SERVES INDIAN FOOD CLOSE
	BY CAMPUS
TAKE COOKS PRESHOW 4	
	JULIE:
	AND GIDEON WILL SHOW US ANOTHER RECIPE THAT HAS BEEN IN HIS
	FAMILY FOR A LONG TIME WE END TONIGHT'S SHOW WITH A GAME TO
	THE POLICE THE POLICE TO THE POLICE TO THE POLICE TO

CUT PRESHOW	SEE IF WE CAN TELL THE DIFFERENCE
	BETWEEN SIMILAR SNACKS FROM ASIAN COUNTRIES AND THE U.S
CUT MUSIC TAKE BUMP (25 seconds)	GIDEON: ALL THIS AND MORE TONIGHT ON CTV COOKS STARTING NOW!

A00	Fort Collins Food Scene
CAM 1	
	JULIE:
	GLOBAL CONFLICT BETWEEN RUSSIA AND UKRAINE HAS AFFECTED
	PEOPLE ALL OVER THE WORLD EVEN IN SMALL PLACES LIKE FORT
	COLLINS
TAKE VO. CTDATI IAT	
TAKE VO: STRATLIAT	TETIANA STRATLIAT IS A UKRAINIAN REFUGEE AND CHEF WHO PUTS
	HER HEART INTO TEACHING PEOPLE HOW TO MAKE ALL SORTS OF DISHES
	FROM HER HOME CHICKEN KYVIV, PIROSHKI AND KUTYA ARE SOME OF
	THE FEW FOODS SHE HAS TAUGHT TO MAKE AT "COOKING STUDIO FORT
	COLLINS" IN OLD TOWN STRATLIAT ARRIVED TO COLORADO A FEW
	MONTHS AFTER THE RUSSIAN INVASION HER COOKING CLASSES HAVE
	BEEN CONTRIBUTING TO DONATIONS FOR UKRAINE
CUT VO	
	STRATLIAT'S ABILITY TO CREATE A SENSE OF HOME AWAY FROM HOME,
	IS INSPIRING AND HER CULINARY TEACHINGS REMINDS US THAT

POSITIVITY CAN BE SPREAD JUST ABOUT ANYWHERE IN THE WORLD.

CAM 3

GIDEON:

CLASSIC AMERICAN DINERS EXIST EVERYWHERE IN COLORADO... BUT A SPECIAL BURGER JOINT IS ON ITS WAY TO TOWN.

TAKE VO: IN-N-OUT

THE IN-N-OUT BURGER CHAIN HAS SLOWLY BEEN MAKING ITS ROUNDS IN COLORADO... WITH ONLY SEVEN IN THE STATE RIGHT NOW..., THE EIGHTH IS SET TO BE BUILT IN LOVELAND, REPLACING "MIMI'S CAFE" ...

CUT VO

GIVEN ITS REPUTATION FOR HIGH QUALITY BURGERS AND LATE NIGHT

HOURS, THIS RESTAURANT IS SURE TO BE A HIT AMONGST COLLEGE

STUDENTS WHEN IT OPENS.

CAM 1 JULIE:

AND SPEAKING OF POPULAR FOOD CHAINS, KRISPY KREME IS COMING
TO FORT COLLINS WITH THEIR SIGNATURE GLAZED DOUGHNUTS THAT IS
SURE TO SATISFY ANY SWEET TOOTH...

TAKE VO: KRISPYKREME

THIS 85-YEAR OLD DOUGHNUT CHAIN IS ICONIC BECAUSE OF ITS
SIMPLE, CLASSIC MENU... THE NEW LOCATION IS SET TO BE FURTHER
DOWN COLLEGE AVENUE AND WILL OPEN FOR BUSINESS SOMETIME
BEFORE 2024... IT WILL OFFER BOTH A DINE-IN AND DRIVE-THRU OPTION
FOR CONVENIENCE...

I'M SURE THERE WILL BE A LINE OF PEOPLE EXCITED TO PICK UP THEIR

COFFEE AND DONUTS IN THE MORNING...

CUT VO

CAM₃

GIDEON:

IT'S A BIRD, IT'S A PLANE... IT'S CLOUD BREAD?

TIK-TOK, OR "FOOD-TOK" AS FOODIES WOULD CALL IT, HAS BEEN
SHAPING THE WAY GEN-Z COOKS... WITH COUNTLESS POPULAR RECIPES
BEING MADE ON THE APP EVERYDAY

HERE ARE THE TOP TWO RECIPES OUR WE RECOMMEND TRYING AT HOME. ...

TAKE VO: CLOUDBREAD

AT THE TOP OF OUR LIST WE HAVE CLOUD BREAD, WHICH IS A SIMPLE, FLUFFY BREAD THAT IS SIMILAR TO ANGEL CAKE... IT ONLY TAKES THREE TO FIVE INGREDIENTS TO MAKE... EGG WHITES, SUGAR, CORNSTARCH AND FOOD COLORING... THE BREAD CAN BE ANY COLOR YOU LIKE, AND IT MAKES FOR A PERFECT LITTLE TREAT...

(FADE) TAKE VO: SCALLOP_POTATOES

THE NEXT LITTLE RECIPE IS CHEESY SCALLOPED POTATOES... ALL YOU DO IS SAUTE ONIONS AND LAYER SLICED POTATOES ON A BAKING DISH WITH PARMESAN, MOZZARELLA AND CHOPPED CHIVES... AND IF YOU ARE VEGAN, NON-DAIRY CHEESE WORKS TOO...

CUT VO

POUR A LITTLE BIT OF VEGGIE BROTH OVER IT AND YOU GET AN APPETIZER THAT IS EASY TO SHARE WITH FRIENDS...

CAM 2

JULIE:

TAKE VO: WRAPS TEASER AND THAT IS ALL WE HAVE IN THE FORT COLLINS FOOD SCENE THIS

MONTH, BUT KEEP RELAXING RAMS, BECAUSE AFTER THE BREAK I WILL BE

SERVING UP SOME DIFFERENT WAYS YOU CAN MAKE WRAPS WHEN IN A

RUSH ON MY SEGMENT, COST COOKERS...

TAKE BREAK: 30 SEC

A01	Cost Cookers
TAKE BUMP: COSTCOOKERS CAM 1	
	JULIE:
	WELCOME BACK FROM THE BREAK RAMS GETTING READY IN THE
	MORNING CAN BE TIME-CONSUMING, AND WITH CLASSES AND WORK TO
	GET TO, WE MAY NOT HAVE TIME TO COOK MEALS THROUGHOUT THE
	DAY LUCKY FOR YOU, I HAVE THE SOLUTION
TAKE PKG: WRAPS (5 minutes 44 seconds)	
CAM 1	JULIE:
	TORTILLAS ARE A VERSATILE INGREDIENT YOU CAN STUFF THEM
	WITH JUST ABOUT ANYTHING AND MEAL PREP IF YOU NEED TO
TAKE VO: SNOOP DOGG	WITH THAT, GO AHEAD AND GRAB A QUICK SNACK AFTER THE
TEASER	BREAK, GIDEON HAS A NOSTALGIC DESSERT THAT WILL MAKE YOU WANNA
	SING HAPPY BIRTHDAY TO JUST ABOUT ANYONE
TAKE BREAK: 30 SEC	

A02	Snoop Dogg Collaboration
CAM 2	

GIDEON:

YO YO, WELCOME BACK... IT'S TIME TO TALK ABOUT A SWEET TREAT THAT CAN'T BE BEAT... CHOCOLATE CAKE... THE ONLY WAY TO END THE DATE AND TAKE A BREAK... SEE WHAT I DID THERE? *wink* TRULY THOUGH, WE SHOULD INDULGE IN SOMETHING SWEET EVERY ONCE IN A WHILE, AND WHAT BETTER WAY TO DO IT THAN TO BAKE SOMETHING FROM THE COMFORT OF YOUR HOME...

I RECENTLY GOT A COPY OF SNOOP DOG'S COOKBOOK, "FROM CROOK TO COOK," AND LET ME TELL YOU, IT IS FULL OF STYLIZED RECIPES... WITH SNOOP DOGG BEING A WELL-KNOWN MUSICIAN, I DECIDED TO CALL UP KYRA MCKINLEY FROM LOCAL BEATS TO HELP ME BAKE A CAKE SUITED FOR THE LYRICAL GENIUS HIMSELF

TAKE PKG: SNOOPDOGG COLLAB (time: 4:58)

CAM 2

GIDEON:

THIS CAKE WAS ADDICTIVE AND FUN TO MAKE... EVERYONE WANTED A SLICE WHEN WE TOOK TO IT TO SHARE WITH OUR FRIENDS...

(AD LIB WITH JULIE) - TRYING THE CAKE

B01	Bawarchi Biryani
CAM 1	
	JULIE:
	WITH SOMETHING SWEET, WE NEED SOMETHING SAVORY TO
	BALANCE IT OUT MAYBE EVEN SOMETHING SPICY THANKFULLY,
	THE FORT COLLINS FOOD SCENE HAS PLENTY OF DIVERSE SPOTS THAT
	ARE RICH IN CULTURE, SO WE ARE SWITCHING IT UP TONIGHT AND I'M
	GOING TO INTRODUCE YOU TO AN AMAZING FIND RIGHT HERE ON
	GLOBAL EATS
TAKE BUMP: GLOBAL	
EATS	TONIGHT'S RESTAURANT CHOICE IS BAWARCHI BIRYANI A
	HIDDEN GEM ON COLLEGE AVENUE THAT SERVES MOUTH-WATERING
	INDIAN FOOD
TAKE PKG: BAWARCHI_BIRYANI (3 minutes 30ish seconds)	
CAM 1	
	JULIE:
	THE FOOD HERE WAS FULL OF FLAVOR AND GETTING TO SIT IN
TAKE VO: PINEAPPLE TEASER	AND ENJOY THE AMBIENCE WAS A REAL TREAT
	AND IF YOU WEREN'T ALREADY GETTING HUNGRY I WILL NOW
	PASS THE PAN OVER TO GIDEON WHO WILL TEACH US HOW TO MAKE
	A RECIPE THAT HAS BEEN A FAMILY FAVORITE FOR YEARS
TAKE BREAK: 30 SEC	

D01	Baked Pineapple
TAKE BUMP: GID'S GRANDPARENTS GOURMET - 20ish SEC TAKE TV GRAPHIC: GID'S GRANDPARENTS TV	
CAM 3	GIDEON:
	WELCOME BACK TO YET ANOTHER EDITION OF GID'S
	GRANDPARENT'S GOURMET WHERE I, GIDEON AIGNER, SHOW YOU
	HOW TO MAKE DIFFERENT RECIPES THAT COME FROM MY OWN
	FAMILY COOKBOOKS TODAY'S RECIPE IS A UNIQUE, SWEET SIDE
	DISH THAT IS NEVER LEFT BEHIND AT OUR FAMILY GATHERINGS
TAKE PKG: BAKED_PINEAPPLE	GIDEON: IT MAY NOT BE PINEAPPLE PIZZA, BUT HONESTLY, THIS IS A LITTLE HEALTHIER THIS DISH HAS A VERY SWEET BITE TO IT, AND IT GOES WELL WITH NEARLY EVERY MEAL
	NOW BEFORE WE END THE SHOW, WE HAVE ONE MORE FUN
	COMPETITION ON CAFE DU MONDE TO SEE IF WE CAN TASTE THE
	DIFFERENCE BETWEEN ASIAN AND AMERICAN SNACKS ALL THIS
	COMING AFTER THE BREAK
TAKE BREAK: 1 MIN	

D02	Cafe Du Monde: Asian Snacks (Philippines and Korea)
(TAKE CAFE DU MONDE BUMP, TIME:)	CIDEON
CAM 2	GIDEON:
	THANKS FOR TUNING IN FOLKS
	JULIE:
	HERE ON COOKS, WE LOVE CELEBRATING SNACKS FROM ALL
	OVER THE WORLD TONIGHT, WE ARE VISITING THE KOREA AND THE
	PHILIPPINES TO SEE IF WE CAN TELL THE DIFFERENCE BETWEEN
	THEIR SNACKS AND U.S. SNACKS
	GIDEON:
	BOTH OF US WILL HAVE A FLAG FROM EACH COUNTRY FOR EACH
	ROUND AND WE WILL GIVE THE SNACKS OUR BEST GUESS AS TO
	WHERE THEY COME FROM OUR COOKS PRODUCER, ABBY FLORES,
	WILL BE OUR MODERATOR ABBY?
TAKE JIB - FOLLOW ABBY	
CAM 2	
(Director's Choice on Moving between cameras 1, 2 and 3) - turn off TVs	
	ABBY:
	HEY GUYS ARE YOU READY FOR THIS FUN LITTLE CHALLENGE?
	AS YOU CAN SEE WE HAVE PLATES LAID OUT ON DESK OF EACH ASIAN
	AND AMERICAN SNACK YOU WILL HAVE TO GUESS WHERE THESE
TAKE FLAGS SET 1	SNACKS COME FROM

GRAPHIC (AMERICAN/KOREAN)	THE EIDST SNACW WE HAVE A DE THESE DIC ODACVEDS ONE IS
	THE FIRST SNACK WE HAVE ARE THESE BIG CRACKERS ONE IS
	KOREAN AND THE OTHER IS AMERICAN LETS SEE IF YOU CAN TASTE
	THE DIFFERENCE
	JULIE AND GIDEON
	(TRY SNACK, AD LIB, GUESS)
	ABBY:
TAKE SCOREBOARD POINTS	(REVEAL SNACK LABELS AND GIVE POINTS)
	AND NOW ONTO OUR NEXT ONE THIS IS ANOTHER TYPE OF
	CRACKER, BUT THEY ARE RICE CRACKERS AGAIN, ONE IS KOREAN
TAKE FLAGS SET 2 GRAPHIC (KOREAN/AMERICAN)	AND THE OTHER IS AMERICAN
	JULIE AND GIDEON
	(TRY CRACKERS, AD LIB, GUESS)
	ABBY
	(REVEAL SNACK LABELS AND GIVE POINTS)
TAKE SCOREBOARD POINTS	
TORVIS	AND FINALLY WE HAVE ONE MORE TWO CHEESY CORN
	SNACKS WHICH DO YOU THINK IS FROM THE PHILIPPINES AND
T. V. V. C.	WHICH ONE IS FROM AMERICA?
TAKE FLAGS SET 3 (AMERICAN/PHILIPPINE S)	
	JULIE AND GIDEON

(TRY CORNSNACKS, AD LIB, GUESS W/ FLAGS)
ABBY
(REVEAL SNACK LABELS AND GIVE POINTS)
(AD LIB WINNER)

D02	End of Show
CAM 2	
	JULIE:
	AND WELL, THAT IS ALL WE HAVE FOR YOU TONIGHT RAMS
	GIDEON:
	TUNE INTO LOCAL BEATS NEXT WEDNESDAY TO SEE JULIE AND
	ABI MACPHAIL FROM LOCAL BEATS BAKE MORE CELEBRITY
	DESERTS
	JULIE:
TAKE END CARD TAKE BLACK	STAY FRESH FORT COLLINS