

Page	Slug	Segment	Type	Floated	Video	Anchor	Total time	Back Time
A	PRESHOW						~16 sec	
A00	INTRO						sec	
A01	Readers - Fort Collins Food scene						~5 minutes	
A02	Fall Drinks						3:13 + reading time/ ad lib/ bump	
B	B BREAK						1 min	
B01	Corn Salsa Recipe						4:01 + reading time/ad lib/ bump	
C	C BREAK						1 min	
C01	FieldStrips						2:11 + reading time/ad lib/ bump	
D	D BREAK						2 min ?	
D01	Blindfold Taste Testing						~ 10 minutes	
D02	End of Show							

A	Preshow
TAKE PRESHOW	

A00	INTRO
CAM 2	<p>MADDY:</p> <p>BOO! WHAT IS UP RAMS, I'M MADISON STRASHIEM...</p> <p>GIDEON:</p> <p>AND I'M GIDEON AIGNER, FILLING IN AS MADISON'S CO-ANCHOR THIS WEEK... WELCOME BACK TO ANOTHER WICKED EPISODE OF CTV COOKS... SPOOKY SEASON IS FINALLY HERE, AND WE HAVE A PACKED SHOW FOR YOU TONIGHT!</p> <p>MADDY:</p> <p>THAT'S RIGHT GIDEON, IN TONIGHT'S EPISODE WE WILL BE GIVING YOU A RUNDOWN OF WHAT IS HAPPENING WITHIN THE FORT COLLINS' FOOD SCENE... FROM WHAT C-S-U IS DOING TO COMBAT FOOD INSECURITY... NEW RESTAURANTS OPENING HERE IN FORT COLLINS... TO GIANT PUMPKINS BEING GROWN RIGHT HERE IN FOCO!!</p> <p>GIDEON:</p> <p>IT'S DEFINITELY SOMETHING YOU WON'T WANT TO MISS...</p> <p>AFTER THAT, MADDY WILL TAKE YOU ALONG TO SEE WHAT THE BEST FALL DRINK IS ON CAMPUS...</p>

<p>TAKE BUMP</p>	<p>MADDY:</p> <p>THEN, I WILL SHOW YOU AN EASY CORN SALSA RECIPE TO GET YOU IN THE SPIRIT OF OCTOBER...</p> <p>GIDEON:</p> <p>PLUS, MADDY AND I WILL INTRODUCE YOU TO ONE YOUNG BUSINESS OWNER WHO IS BRINGING SMILES TO THE FORT COLLINS COMMUNITY WITH A SPECIAL TREAT... AND WE WILL END TONIGHT'S SHOW WITH YET ANOTHER EDITION OF NAME BRAND VERSUS KNOCK-OFF, WHERE WE WILL BE GOING HEAD-TO-HEAD TO SEE WHO CAN GUESS THE NAME BRAND VERSION OF AN ARRAY OF DIFFERENT SODAS...</p> <p>MADDY:</p> <p>ALL THIS AND MORE TONIGHT ON CTV COOKS, STARTING NOW!</p>
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A01	FORT COLLINS FOOD SCENE
<p>CAM 3</p> <p>TAKE CANSAROUNDOVAL GRAPHIC CAM 3</p>	<p>GIDEON:</p> <p>ABOUT 38 PERCENT OF COLLEGE STUDENTS SUFFER FROM FOOD INSECURITY... RAMS AGAINST HUNGER IS TRYING TO MAKE A DIFFERENCE AND BRING AWARENESS TO THE ISSUE...</p> <p>PARTNERED WITH THE FOOD BANK OF LARIMER COUNTY, THE TRADITION OF "CANS AROUND THE OVAL" HAS BEEN ACCEPTING</p>

TAKE WEBSITE
GRAPHIC

DONATIONS OF CANS AND OTHER NUTRITIOUS STAPLES...COLLECTION DAY WILL TAKE PLACE ON OCTOBER 19TH AT THE CSU OVAL... TO LEARN MORE ABOUT HOW YOU CAN PARTICIPATE VISIT CANS.COLOSTATE.EDU...

CAM 1

MADDY:

SPEAKING OF FOOD EVENTS, FORT COLLINS OLD TOWN IS CELEBRATING THE 10TH ANNIVERSARY OF THE FOODIE WALK...

TAKE FOODIE WALK
GRAPHIC

CAM 1

CULINARY TOURS HAPPEN ON THE THIRD FRIDAY OF EVERY MONTH AND IT IS A GREAT WAY TO LEARN MORE ABOUT THE LOCAL FOOD SCENE... WALK ON BY YOUR FAVORITE SHOPS TO SAMPLE FLAVORS FROM ALL OVER THE WORLD AND TICKLE YOUR TASTE BUDS WITH SOME DELICIOUS TREATS FROM 5 TO 8 PM ON OCTOBER 21...

CAM 3

GIDEON:

GET READY RAMS BECAUSE IT LOOKS LIKE THERE WILL BE ENOUGH PUMPKIN PIE FOR EVERYONE THIS FALL...

TAKE PUMPKIN
GRAPHIC

COLORADO'S SECOND BIGGEST PUMPKIN HAS BEEN GROWN RIGHT IN THE FRONT YARD OF LOCAL FIREFIGHTER, BRAD BLEDSOE ... HIS PUMPKIN, WHO HE NAMED GRETA, WEIGHED IN OVER ONE-THOUSAND POUNDS DURING THE FORT COLLINS NURSERY GREAT PUMPKIN

WEIGH-OFF ON OCTOBER FIRST... IF THIS NEWS DOESN'T MAKE YOU GOURD CRAZY, I DON'T KNOW WHAT WILL!

IF YOU WANT TO KNOW MORE THIS GIANT PUMPKIN, KEEP AN EYE OUT FOR OUR THURSDAY NIGHT FEATURE REPORTER, ZOE HAYMAN, WHO WILL BE GIVING A MORE IN-DEPTH LOOK AT THIS STORY IN THE UPCOMING WEEKS.

MADDY:

YOU MAY HAVE SEEN HER ON TIK-TOK AND NOW, MAYBE EVEN AROUND YOUR FAVORITE, LOCAL FORT COLLINS RESTAURANTS...

RAINA HUANG IS A FAMOUS COMPETITIVE EATER FROM CALIFORNIA...MAKING ROUNDS IN THE MEDIA BY SHOWING HER INSANE ABILITY TO EAT LARGE AMOUNTS OF FOOD IN A SHORT AMOUNT OF TIME...

AS A CULINARY INFLUENCER, HUANG IS RISING IN POPULARITY AND HAS RECENTLY BEEN MAKING PIT STOPS ALL AROUND NORTHERN COLORADO TO COMPETE WITH OTHER COMPETITIVE EATERS... THE MOST RECENT STOP SHE MADE WAS OHANA GRILL IN DENVER, COLORADO TO TAKE ON THE LOCO MOCO CHALLENGE... YOU CAN CHECK OUT HER INSTAGRAM AT RAINAISCRAZY...

GIDEON:

A NEW RESTAURANT IS ON ITS WAY TO FORT COLLINS, BUT THIS SADLY MEANS ONE HAS TO GO... CACCIATORE AT HELLER'S KITCHEN

CAM 1

TAKE LT:
@RAINAISCRAZY

CAM 3

<p>CAM 2</p>	<p>IS AN ITALIAN EATERY THAT HAS SERVED PEOPLE PASSING BY JESSUP FARMS... THE OWNER, TROY HELLER, SAYS THE SPACE WAS TOO SMALL FOR PEOPLE TO DINE IN, COMPARED TO THEIR OTHER LOCATION IN WINDSOR, COLORADO... BUT FEAR NOT, A BRAND NEW RESTAURANT CALLED WEDO'S TACOS AND TEQUILA WILL SOON REPLACE HELLER'S KITCHEN AND SERVE A VARIETY OF HOUSEMADE TACOS AND TOSTADAS...</p> <p>MADDY:</p> <p>AND WITH THAT FINAL PIECE OF NEWS RAMS, IT'S TIME FOR A BREAK... KEEP HANGING BECAUSE AFTER THIS, I WILL TAKE YOU ON A FUN ADVENTURE TO TASTE SOME FALL DRINKS ON CAMPUS...</p>
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<p>A02</p>	<p>Fall Drinks on Campus</p>
<p>TAKE COFFEE BUMP</p> <p>CAM 1</p>	<p>MADDY:</p> <p>IT IS FINALLY FALL AND PUMPKIN SPICE SEASON IS BACK AND BETTER THAN EVER..., WITH THE WEATHER GETTING COLDER AND THE HOT DRINKS GETTING SPICER, I TOOK OUR VERY OWN COOKS PRODUCER, ABBY FLORES, WITH ME TO DETERMINE WHAT THE BEST FALL DRINK IS FROM THREE OF THE MOST POPULAR COFFEE SHOPS ON CAMPUS... LET'S TAKE A LOOK...</p>

<p>TAKE PKG: COFFEE DRINKS Time: 3:13 CAM 2</p> <p>CAM 1</p> <p>TAKE BREAK: 1 MINUTE</p>	<p>MADDY:</p> <p>A LITTLE BIT OF PUMPKIN SPICE TRULY MAKES EVERYTHING NICE!</p> <p>(AD LIB)</p> <p>GIDEON:</p> <p>SPEAKING OF EVERYTHING NICE, DON'T GO AWAY JUST YET RAMS!</p> <p>BEFORE YOU EAT ALL THE CANDY THIS HALLOWEEN, MADISON IS GOING TO SHOW US HOW TO MAKE SOME SAVORY CORN SALSA...</p>
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B01	Corn Salsa Recipe
<p>CAM 1</p> <p>TAKE PKG: COOKING Time: 4:00</p>	<p>MADDY:</p> <p>WELCOME BACK FROM THE BREAK RAMS... ANOTHER POPULAR SEASON WE HAVEN'T TOUCHED ON JUST YET IS FOOTBALL... NOW, I MAY NOT BE THE BIGGEST FAN OF IT, BUT I'M ALWAYS UP FOR THE FOOD... SO WHETHER YOU PLAN TO WATCH THE GAMES WITH FRIENDS OR SIMPLY NEED A FALL-THEMED SNACK THIS CORN SALSA RECIPE IS SURE TO MAKE ANY CROWD GO WILD...</p> <p>MADDY:</p>

<p>CAM 2</p> <p>TAKE BREAK: 1 MIN</p>	<p>THIS CORN SALSA WAS SO FRESH AND EASY TO MAKE... IT MAKES OUT TO BE A BUDGET-FRIENDLY SNACK FOR ANY COLLEGE STUDENT TOO ...</p> <p>(AD LIB)</p> <p>GIDEON:</p> <p>WELL RAMS... WE HOPE WE HAVE YOUR TEETH SUNKEN IN... AFTER THE BREAK, MADDY AND I WILL GET AN INSIDE LOOK AT HOW A YOUNG ENTREPRENEUR HAS MADE HER NAME IN THE FORT COLLINS COMMUNITY... ..</p>
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C01	Field Strips
<p>CAM 3</p> <p>TAKE PKG: FIELDSTRIPS Time: 2:11</p> <p>CAM 2</p>	<p>GIDDEON:</p> <p>WELCOME BACK FROM THE BREAK RAMS... FARMERS MARKETS ARE POPULAR AROUND THIS TIME OF YEAR, AND MCKAY ANDERSON KNOWS THIS ALL TOO WELL... AT JUST ___ YEARS OLD SHE HAS ALREADY STARTED HER OWN BUSINESS MAKING A FAMILIAR AFTER-SCHOOL SNACK RIGHT OUT OF HER PARENT'S KITCHEN ... MADDY AND I VISITED HER TO FIND OUT HOW THESE DELICIOUS, HEALTHY SNACKS ARE MADE...</p> <p>(AD LIB)</p>

<p>TAKE BREAK: 2 MINUTES</p>	<p>MADDY:</p> <p>OKAY RAMS WE'RE GOING TO TAKE A QUICK BREAK, BUT STICK AROUND BECAUSE GIDEON AND I ARE GOING TO DO SOME BLIND TASTE TESTING IN ANOTHER ADDITION OF NAME BRANDS VERSUS KNOCK-OFFS... LAST SHOW WE TRIED POPULAR SNACKS, BUT WE'VE DECIDED TO SWITCH IT UP TO SODA... WILL THE KNOCK OFF BEAT THE NAME BRAND?</p> <p>FIND OUT AFTER THE BREAK.</p>
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D01	Blindfold Taste Testing "Name Brands Versus Knock Offs"
<p>TAKE BRAND VERSUS KNOCK OFF GRAPHIC</p> <p>CAM 3</p> <p>TAKE JIB (follow Madison and Gideon to the desk)</p> <p>CAM 2</p> <p>Director's Note: Switch Between Cameras 1, 2 and 3 (and if possible, live cam)</p>	<p>GIDEON:</p> <p>WELCOME BACK TO OUR SECOND EDITION OF "NAME BRAND VERSUS KNOCK OFFS"... TONIGHT, MADDY AND I WILL COMPETE TO SEE WHO CAN TELL THE DIFFERENCE OF SOME POPULAR SOFT DRINKS... LETS TAKE A LOOK AT WHAT WE HAVE...</p> <p>MADDY:</p> <p>WE HAVE CUPS LAID OUT HERE... THE FIRST DRINK WE HAVE IS COCA-COLA...</p>

(AD LIB / TASTE COCA-COLA)

-REVEAL AND AD LIB ABOUT RESULTS

GIDEON:

NEXT IS SPRITE...

(AD LIB / TASTE SPRITE)

-REVEAL AND AD LIB ABOUT RESULTS

MADDY:

NOW, WE HAVE DR.PEPPER... I'M THINKING THIS ONE IS GOING TO
BE PRETTY CHALLENGING...

(AD LIB / TASTE DR PEPPER)

-REVEAL AND AD LIB ABOUT RESULTS

GIDEON:

COMING UP, WE HAVE MOUNTAIN DEW...

(AD LIB / TASTE DR PEPPER)

-REVEAL AND AD LIB ABOUT RESULTS

MADDY:

AND LAST BUT NOT LEAST, WE HAVE OUR CLASSIC FANTA...

(AD LIB / TASTE DR PEPPER)

-REVEAL AND AD LIB ABOUT RESULTS

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D02	End of Show
<p>CAM 2</p> <p>TAKE END CARD TAKE BLACK</p>	<p>GIDEON:</p> <p>AND WITH THAT RAMS, THOSE ARE ALL THE TRICKS AND TREATS WE HAVE FOR YOU TODAY...</p> <p>MADDY:</p> <p>THANK YOU FOR TUNING INTO THIS EPISODE OF COOKS... STAY SPICY CSU...</p>