

Page	Slug	Segment	Type	Floated	Video	Anchor	Total time	Back Time
A	(Preshow)							
A00	INTRO						1 minute (read time) + 00:17 bump	
A01	Readers - Fort Collins Food scene						2:41 minutes	
A02	November Recipes - Buffalo chicken dip - Cookies						(47 seconds total read time) +2:06 +3:21 (3 minutes ad lib)	
B	B BREAK						1 min	
B01	Coffee Creations						(32 seconds read) +1:30 bindle	
C	C BREAK						1 min	
C01	Saigon Grill						(read time) +2:09 (2 minute ad lib)	
D	D BREAK						1 min	
D01	Name the Brand Taste Testing						~8 min	
D02	End of Show						30 minutes, 23 secs	

A00	INTRO
<p>CAM 2 TAKE PRESHOW MUSIC</p> <p>TAKE COOKS PRESHOW 1</p>	<p>MADDY:</p> <p>GOOD EVENING RAMS, I'M MADISON STRASHIEM...</p> <p>KEVIN:</p> <p>AND I'M KEVIN OCHOA, FILLING IN FOR GIDEON TONIGHT...</p> <p>MADDY:</p> <p>WELCOME TO OUR FINAL COOKS EPISODE OF THE SEMESTER!</p> <p>KEVIN:</p> <p>THANKSGIVING IS JUST AROUND THE CORNER, SO YOU KNOW WHAT THAT MEANS... IT'S TIME TO HOP ON THAT GRAVY TRAIN AND GET COOKING...</p>

<p>TAKE COOKS PRESHOW 2</p>	<p>MADDY:</p> <p>IN TONIGHT’S EPISODE WE WILL BE GIVING YOU THE LATEST UPDATES ON THE FORT COLLINS’ FOOD SCENE... FROM CELEBRATING DIA DE LOS MUERTOS... ... TO UPCOMING EVENTS THAT ARE SURE TO KEEP YOUR TASTE BUDS EXCITED...</p>
<p>TAKE COOKS PRESHOW 3</p>	<p>KEVIN:</p> <p>AFTER THAT, MADDY AND I WILL SHARE TWO COZY RECIPES THAT ARE SURE TO KEEP YOU WARM THIS SEASON... STICK AROUND TO FIND OUT WHAT THEY ARE...</p>
<p>TAKE COOKS PRESHOW 4</p>	<p>MADDY:</p> <p>THEN, IN HONOR OF MY LOVE FOR ESPRESSO, I WILL TAKE YOU TO ONE LAST COFFEE SHOP IN JESSUP FARMS...</p>
<p>CUT PRESHOW</p>	<p>KEVIN:</p> <p>IN ADDITION, OUR PRODUCER, ABBY FLORES, WILL TAKE YOU OVER TO SAIGON GRILL... AN AUTHENTIC VIETNAMESE RESTAURANT THAT SERVES SOME OF THE BEST FUH IN FORT COLLINS...</p>
<p>CAM 2</p>	<p>AND TO END TONIGHT’S SHOW, WE HAVE A SPECIAL TREAT, MADDY AND I WILL TRY TO GUESS THE BRAND OF PIZZAS FROM SOME OF THE TOP, LOCAL PIZZA PLACES IN FORT COLLINS...</p>
<p>TAKE BUMP: 00:17</p>	<p>MADDY:</p> <p>ALL THIS AND MORE TONIGHT ON CTV COOKS, STARTING RIGHT NOW!</p>

A01	FORT COLLINS FOOD SCENE
<p>CAM 3</p> <p>TAKE DIADELOSMUERTOS VO</p> <p>CAM 3</p> <p>CAM 1</p> <p>TAKE VO: FOCO CAFE</p> <p>CAM 1</p>	<p>KEVIN:</p> <p>DIA DE LOS MUERTOS IS A MEXICAN HOLIDAY CELEBRATED FROM NOVEMBER FIRST TO NOVEMBER SECOND... IT HONORS THE LIVES OF LOVED ONES WHO HAVE PASSED AWAY, AND WITH C-S-U'S LATINO COMMUNITY GROWING, THE TRADITIONS OF THIS HOLIDAY HAVE MADE ITS WAY RIGHT HERE ON CAMPUS...</p> <p>EL CENTRO HAD MANY ACTIVITIES GOING ON AT THE L-S-C LAST WEEK... STUDENTS WERE ABLE TO DECORATE SUGAR SKULLS... SHARE HOMEMADE TAMALES... AND DRINK WARM CHAMPURRADO WHILE WATCHING THE BOOK OF LIFE...</p> <p>IT WAS A GREAT WAY TO STAY COZY AND REMIND MANY STUDENTS OF HOME...</p> <p>MADDY:</p> <p>AND SPEAKING OF FOOD BEING SERVED IN THE COMMUNITY, FOCO CAFE JUST FINISHED HOSTING THEIR "PAY-IT-FORWARD" HALLOWEEN TREAT BOX EVENT...</p> <p>THIS NON-PROFIT CAFE HAS A GOAL TO PROVIDE EQUAL ACCESS TO NUTRITIOUS FOOD... THROUGHOUT OCTOBER, CUSTOMERS COULD BUY A BOX OF TWELVE TREATS, AND PASS ON FOUR OF THE REMAINING TREATS TO SOMEONE IN NEED...</p>

TAKE LT: fococafe.org

CAM 3

TAKE VO: MUGS

CAM 3

CAM 1

EVERYONE DESERVES SOME HOLIDAY FUN, AND THIS WAS A PERFECT WAY TO GIVE BACK AND PROVIDE INCLUSION TO THE COMMUNITY... TO FIND OUT MORE ABOUT THIS CAFE, VISIT FOCOCAFEE.ORG...

KEVIN:

COFFEE AND CONVERSATION IS A WONDERFUL WAY TO BRING PEOPLE TOGETHER IN THE MORNING... BUT HAVE YOU EVER THOUGHT ABOUT DOING IT IN ITALIAN?...

THE MUGS COFFEE LOUNGE IN OLD TOWN RECENTLY BEGAN HOSTING A WEEKLY EVENT CALLED “CAFFE E CONVERSAZIONE”...

PARTNERED WITH THE FORT COLLINS ITALIAN CLUB, THESE GATHERINGS ARE A FUN WAY TO LEARN ABOUT THE COFFEE CULTURE IN ITALY AND CAN EVEN LET YOU IN ON HOW TO ORDER COFFEE IN ITALIAN...

THE MEETINGS HAPPEN EVERY SATURDAY AT TEN IN THE MORNING... AND WHETHER YOU ARE A BEGINNER OR FLUENT IN THE LANGUAGE, ALL PEOPLE ARE WELCOME...

DON'T THROW AWAY YOUR ESPRESSO SHOT AND COME IN NEXT TIME YOU WANT TO LEARN...

MADDY:

THE FORT COLLINS FOOD SCENE IS VERY UNIQUE... RESTAURANTS OFFER ANYTHING FROM STEAMY DUMPLINGS TO CALAMARI... IN

<p>TAKE VO: BON APPETIT</p> <p>CAM 1</p> <p>TAKE LT: downtownfortcollins.com</p> <p>CAM 3</p> <p>TAKE VO: FOOD INSTITUTE</p> <p>CAM 3</p> <p>TAKE LT: foodsystems.colostate.edu</p>	<p>CELEBRATION OF THE CREATIVE CUISINE WE ARE LUCKY TO HAVE HERE, OLD TOWN IS HAVING "BON APPETIT" WEEK STARTING THIS FRIDAY...</p> <p>PARTICIPATING RESTAURANTS ARE PREPARING SPECIAL GOURMET OPTIONS THAT ARE BEING OFFERED FROM NOVEMBER ELEVENTH ALL THE WAY THROUGH NOVEMBER TWENTIETH ... THIS WILL BE A GREAT TIME TO GET YOUR INNER FOODIE ON AND TRY THINGS YOU HAVEN'T HAD BEFORE...</p> <p>VISIT DOWNTOWNFORTCOLLINS.COM TO START PREVIEWING THE MENUS...</p> <p>KEVIN:</p> <p>FOOD SCIENCE AND EXPERIMENTATION IS ACTUALLY IMPORTANT WHEN IT COMES TO HELPING THE CLIMATE CRISIS...</p> <p>THE FOOD SYSTEMS INSTITUTE AT C-S-U IS HOSTING A PANEL ON NOVEMBER SEVENTEENTH AT CROOKED STAVE TO EDUCATE PEOPLE ABOUT THE POWER OF FERMENTATION FOR FOOD PRESERVATION... THE TECHNIQUES THEY WILL TALK ABOUT COMES FROM ASIAN CUISINE... SUCH AS KIMCHI ...WHICH USED TO BE MADE SIMPLY TO STORE VEGETABLES OVER THE WINTER TO IMPROVE FOOD SECURITY AND HEALTH...</p>
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<p>CAM 2</p> <p>TAKE BUFFALO CHICKEN VO</p> <p>TAKE BREAK: 30 SECONDS</p>	<p>TO SIGN UP FOR A COOKING CLASS ON DISHES LIKE MISO SOUP, VISIT FOODSYSTEMS.COLOSTATE.EDU</p> <p>MADDY:</p> <p>AND WITH THAT FINAL PIECE OF NEWS RAMS, IT IS NOW TIME FOR A BREAK...</p> <p>KEEP HANGING BECAUSE AFTER THIS, WE HAVE TWO RECIPES TO SHARE THAT ARE ABSOLUTELY MAGIC...</p>
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A02	Recipes
<p>CAM 2</p> <p>CAM 3</p> <p>TAKE PKG: BUFFALO DIP Time: 2:07</p>	<p>KEVIN:</p> <p>WELCOME BACK FROM THE BREAK RAMS...</p> <p>MADDY:</p> <p>THANKS FOR TUNING IN...</p> <p>FLU SEASON IS HERE AND SOMETIMES YOU JUST NEED A COMFORT FOOD THAT WILL DO THE TRICK TO HEAL YOU... EVEN IF YOU AREN'T SICK AND ARE JUST LOOKING FOR SOMETHING EASY TO WHIP UP IN THIS COLD WEATHER, THIS BUFFALO CHICKEN DIP RECIPE IS SURE TO KEEP YOU WARM...</p>

CAM 3

KEVIN:

THIS RECIPE LOOKS RICH IN FLAVOR AND IT LOOKS LIKE IT ONLY
TOOK A FEW INGREDIENTS FOR GIDEON TO GET THERE...

CAM 2

(AD LIB)

- TALKING POINTS

-GOOD FOR PARTIES / GET TOGETHERS

-COULD BE A NEW THANKSGIVING DISH

-TALK ABOUT FAVORITE FOODS TO HAVE WHEN SICK

CAM 1

MADDY:

EVERYDAY IS SOMEONE'S BIRTHDAY, WHICH MEANS WE
SHOULDN'T SHY AWAY FROM TREATING OURSELVES TO SOMETHING
SWEET EVERY ONCE IN A WHILE... AFTER ALL, LIFE IS WHAT YOU
BAKE IT... THIS BIRTHDAY CAKE COOKIE RECIPE I HAVE FOR YOU
MAKES THE PERFECT TREAT FOR ANYONE YOU WANT TO
CELEBRATE... INCLUDING YOURSELF...

TAKE PKG: TASTY
COOKIES Time: 1:19

CAM 2

MADDY:

SPRINKLES TRULY HAVE A WAY OF MAKING LIFE A LITTLE MORE
COLORFUL...

<p>TAKE BINDLE TEASER VO</p> <p>TAKE BREAK: 30 SECONDS</p>	<p>(AD LIB)</p> <p>KEVIN:</p> <p>I'M SURE WE'VE MADE YOU HUNGRY RAMS BUT DON'T LEAVE JUST YET...</p> <p>AFTER THE BREAK, MADDY WILL GIVE YOU AN INSIDE LOOK ON BINDLE, A POPULAR COFFEE SHOP AT JESSUP FARMS...</p>
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B01	Coffee Creations
<p>TAKE TV GRAPHIC: COFFEE CREATIONS CAM 3</p> <p>TAKE PKG: BINDLE Time: 1:30</p>	<p>MADDY:</p> <p>WELCOME BACK FROM THE BREAK RAMS... WITH THE WEATHER GETTING COLDER, I WENT ON A SEARCH FOR A COFFEE SHOP THAT COULD BRING IN THE HOMEY FEEL WE ALL NEED WHILE WAITING FOR THANKSGIVING... BINDLE AT JESSUP FARMS WAS THE PERFECT PLACE TO GO... THEIR SIGNATURE DRINKS AND TREATS GOT ME IN A HAPPY SPIRIT... AND IT WASN'T JUST THE CAFFIENE TALKING...</p>

<p>CAM 3</p> <p>TAKE PHO VO</p> <p>TAKE BREAK: 30 SECONDS</p>	<p>MADDY:</p> <p>THIS PLACE TRULY HAS ITS OWN UNIQUE STYLE OF CRAFTED COFFEE... THE ENVIRONMENT MADE ME FEEL AT HOME, AND I'LL BE LOOKING TO REVISIT FOR A WARM CUP OF COFFEE DURING THE COLD WINTER MONTHS...</p> <p>COMING UP AFTER THE BREAK, OUR PRODUCER ABBY FLORES WILL TAKE YOU TO ONE OF THE MOST POPULAR PHO PLACES IN TOWN...</p>
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C01	Foreign Finds
<p>CAM 2</p> <p>CAM 3</p> <p>TAKE PKG: PHO Time: 2:09</p>	<p>MADDY</p> <p>WELCOME BACK FROM THE BREAK RAMS...</p> <p>KEVIN:</p> <p>THERE IS NOTHING LIKE TRYING NEW FOODS...ESPECIALLY ONES FROM DIFFERENT PARTS OF THE WORLD... A POPULAR ONE PEOPLE HAVE BEEN RAVING ABOUT LATELY IS VIETNAMESE PHO... A TYPE OF SOUP THAT IS BOTH COMFORTING AND RESTORATIVE...</p>

<p>CAM 2</p> <p>TAKE BREAK: 1 MINUTE</p>	<p>(AD-LIB)</p> <p>MADDY:</p> <p>OKAY RAMS WE'RE GOING TO TAKE A QUICK BREAK, BUT STICK AROUND BECAUSE KEVIN AND I WILL PUT OURSELVES TO THE TEST TO SEE IF WE CAN GUESS THE BRAND OF EACH FORT COLLINS PIZZA SLICE WE TRY... WHO WILL BE ABLE TO GET THEM ALL?</p> <p>FIND OUT AFTER THE BREAK.</p>
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D01	Name THE Brand Taste Testing
<p>TAKE NAME THE BRAND BUMP</p> <p>CAM 2</p>	<p>KEVIN:</p> <p>WELCOME BACK RAMS... IN THE LAST EPISODE, YOU SAW GIDEON AND MADDY DO A NAME BRAND VERSUS KNOCK OFF CHALLENGE ON DIFFERENT TYPES OF SODA... BUT NOW WE ARE SWITCHING IT UP A LITTLE...</p> <p>MADDY:</p> <p>THATS RIGHT KEVIN, TONIGHT WE ARE GOING TO TASTE TEST AND GUESS THE NAME BRAND OF PIZZA PLACES IN FORT COLLINS... FROM</p>

KRAZY KARLS TO TOTALLY 80s, THESE ARE KNOWN TO BE FAN FAVORITES... LETS BEGIN!

(AD-LIB FOR EACH SLICE AND MAKE A GUESS)

KEVIN:

IT WAS PRETTY DIFFICULT TO DECIDE WHERE ALL THE PIZZA SLICES CAME FROM... I DON'T KNOW ABOUT YOU MADDY, BUT I'M FEELING PRETTY CONFIDENT...

MADDY:

WELL ALL WE NEED TO DO IS REVEAL WHO GOT THEM ALL RIGHT THEN... STARTING WITH THE FIRST PLATE...

TAKE GRAPHIC:
SCOREKEEPER (keep
score)

TAKE LT GRAPHIC:
BEAU JOS

(QUICK AD LIB ABOUT RESULTS)

KEVIN:

AND NOW TO OUR NEXT ONE...

TAKE LT GRAPHIC:
TOTALLY 80s

(QUICK AD LIB ABOUT RESULTS)

MADDY:

I CAN'T WAIT TO SEE WHAT THE NEXT SLICE WAS...

TAKE LT GRAPHIC:
PIZZA CASBAH

(QUICK AD LIB ABOUT RESULTS)

<p>TAKE LT GRAPHIC: KRAZY KARLS</p>	<p>KEVIN:</p> <p>WELL THERE CAN ONLY BE ONE WINNER... LOOKS LIKE OUR FINAL ONE WAS...</p> <p>(QUICK AD LIB - REVEAL WINNER)</p> <p>MADDY:</p> <p>THAT WAS A GOOD GAME, KEVIN!</p>
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D02	End of Show
CAM 2	<p>KEVIN:</p> <p>AND WITH THAT RAMS, WE HAVE MADE IT TO THE END OF OUR COOKS SHOW FOR THE SEMESTER...</p> <p>MADDY:</p> <p>YES... THANK YOU SO MUCH FOR JOINING US ON ALL OUR ADVENTURES... HOSTING THIS SHOW FOR THE LAST COUPLE SEMESTERS HAS BEEN AN INCREDIBLE EXPERIENCE... GIDEON COULD NOT BE HERE WITH US TONIGHT, BUT I APPRECIATE THE TEAM WE'VE</p>

MADE HERE... THANK YOU AS WELL, KEVIN, FOR FILLING IN AND
BEING SUCH A WONDERFUL CO-HOST TONIGHT...

KEVIN:

I HAD A FUN TIME... I HOPE TO SEE YOU ALL NEXT TIME...

MADDY:

WE WISH YOU THE HAPPIEST OF HOLIDAYS RAMS... SEE YOU NEXT
SEMESTER!

TAKE END CARD
TAKE BLACK